



# Welsh U13, U17, U20 Championships SWANSEA BAY SPORTS PARK, UNIVERSITY TRACK Saturday 10<sup>th</sup> & Sunday 11<sup>th</sup> August 2024

Dear athlete,

Please find below information relating to this event. It is important that you read and adhere to ALL the relevant information and guidance. Failure to do so will result in you not being able to compete.

# \*PLEASE READ ALL OF THE FOLLOWING INFORMATION VERY CAREFULLY\*

#### **THE EVENT**

The Welsh U13, U17, U20 Championships will take place at Swansea Bay Sports Park, University Track on Saturday 10<sup>th</sup> August and Sunday 11<sup>th</sup> August.

# **STADIUM ADDRESS**

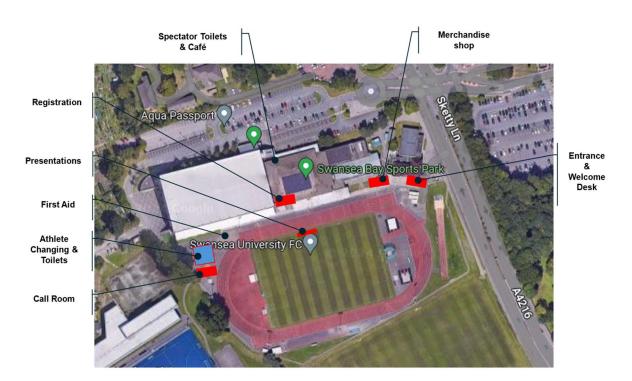
Sketty Lane,

Sketty,

Swansea

SA28QB

Please see this guide for full details of the parking locations







# **ELIGIBILITY TO COMPETE**

Please note that to compete at these Championships you must be registered as a member with your Home Country Association.

This is usually done through your club. Welsh Athletics will check the registration of all athletes entered to compete at the Championships. Please contact a club officer at your club (usually the Club Secretary) if you are unsure as to the status of your registration.

A non-Welsh Athlete can compete as an 'open entrant' in the U20 Competitions only, but only athlete's eligible to compete for Wales, are eligible for the Welsh Championships.

#### **CAR PARKING**

Event car parking is available at the indoor track car park, and the larger car park north of the swimming pool which is a pay and display adjacent to the facility.

We recommend the use of public transport where possible to get to the venue.

## **SPECTATORS & COACHES**

There will be no spectator entry fee to get into the facility, Coaches are required to apply using this link and must provide proof of a valid coaching licence to access areas within the competition area on the weekend.

# **ARRIVAL PROCEDURE**

The venue will be open to the public to register for events from 9:00am on both event days. The main entrance for the event is by the pavilion (marked on site map)

Championship programmes will be on sale for £5 and can be found at the welcome desk by the pavilion. Payment for this will be taken by card as there will be no cash at the welcome desk and or retail. No parent or spectator will be permitted into the competition area at any point during the day.

The first event will commence at 11:00 on Saturday, 10:50 on Sunday.

#### **REGISTRATION & REPORTING**

Registration will open at 9:00 on both event days – **athletes should report no later than 90 mins before the timetabled event start time**. It is the individual responsibility of athletes to report and collect their numbers.

Registration will be based behind the announcer's box adjacent to the home straight stand and up a small flight of steps. Wheelchair athletes can collect their numbers for Welsh Athletics welcome desk by the pavilion on arrival.

We ask that parents and coaches avoid queuing for registration with their athletes.

Bibs must be worn on the front and back for all events (apart from the jumping events, where only one needs to be worn). For Seated throws athletes should wear one bib on the front and one should be attached to the throwing frame. Bibs must be worn as issued and must not be tampered with in any way.





Athletes competing on both days must retain their bib numbers - no new numbers will be issued during the weekend. Any athletes competing on both days will be required to report to registration on Sunday, no later than 90 minutes before your event. any athlete that fails to re-register on Sunday will then not be allowed to compete.

## **CALL ROOM & START LISTS**

A call room will be in operation for ALL events over the weekend. Call room will be located at the end of the main home straight finish line in the red marquees.

It is the responsibility of the athlete to ensure they report to Call Room at the correct time. Timetables and Start lists will include call room times per event along with live results will be viewable online here: <a href="https://wales.opentrack.run/en-gb/x/2024/GBR/wa-jun-ch/event/">https://wales.opentrack.run/en-gb/x/2024/GBR/wa-jun-ch/event/</a>

#### **U20 ATHLETES ONLY**

Please note that reporting late / failure to report to call room will result in a sanction being issued subject to UKA rule TR4.5 as follows.

'An athlete shall be excluded from participation in any event in which they are not present in the Call Room at the relevant time as published in the Call Room Schedule. They shall be shown in the results as DNS. The relevant Referee will decide on this (including whether the athlete may compete under protest if a decision cannot be made immediately) and the corresponding reference must be made in the official results.'

#### **U13 / U17 ATHLETES**

Discretion will be applied.

## WITHDRAWAL FROM EVENTS

The following rule (UKA Rule TR4.4) will apply for the duration of the competition:

"An athlete shall be excluded from participation in all further events (including other events in which they are simultaneously participating) in the competition, in cases where:

- 1. Final confirmation was given that the athlete would start in an event but failed to participate.
- 2. An athlete qualified in any Qualification Round of an event for further participation in that event but then failed to participate further.

An athlete failed to compete honestly with bona fide effort."

# **THE VENUE**

#### Warm-up

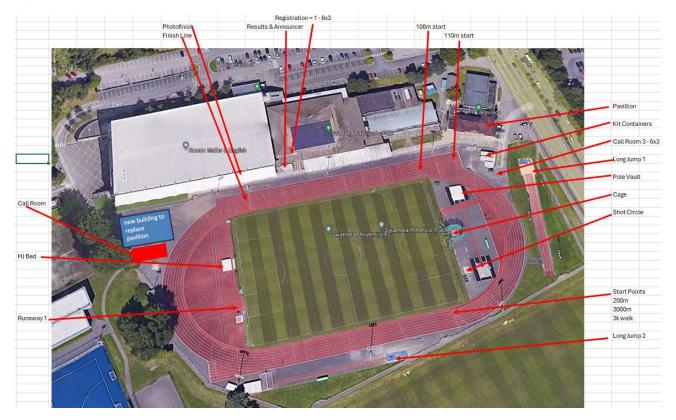
The outer lanes of the track may be used for strides in one direction.

Athletes will have a minimum of 2 warm-up trials on-site for field events.

If the weather conditions are not safe for technical field jumps, they may be moved to the indoor track, announcements will be made during the day.







#### **CLOTHING & BELONGINGS**

Competition clothing will be checked for conformity to UKA competition rules (see below). As this event is a National Championships, athletes MUST wear the vest as per rule T5 S1:

"In individual English County, English Area, Scottish District, Welsh Regional and National Championships (but excluding Road Running), athletes must wear the vest of their first-claim affiliated Club, their County Area, District, Regional or National vest, or any other Representative vest approved by UKA"

# **EQUIPMENT**

# **SHOES**

Athletes should study the latest regulations regarding shoes and ensure that their footwear complies. Competition shoes must conform to World Athletics Rule 5 C2.1. if in wet weather conditions athletes will not be allowed to wear trainers in hurdle races, all athletes must have spikes for safety.

You can find the World Athletics rules here.

The Referee reserves the right to, and it is a condition of participation that competitors agree that they may take possession of any shoes considered not to conform to this new rule for checking. Athletes found to have worn shoes that infringe this rule may be disqualified at the discretion of the Referee. A list of World Athletics approved shoes can be viewed <a href="here">here</a>. The absence of shoes from this list does not necessarily mean they are non-compliant.





#### **SPIKE LENGTH**

6mm across both track and field events, with the exception of High Jump & Javelin where 9mm are permitted.

#### **PERSONAL IMPLEMENTS**

Personal implements will be weighed at the equipment store, no later than 60 minutes prior to your event start time. This is found at the white container at the top of the home straight by the 100m start.

<u>STARTING BLOCKS</u> Personal starting blocks are <u>NOT PERMITTED</u>. A number of stadium blocks will be available for warmups and the event arena. Competition blocks are not permitted to be used for warm elsewhere on the track. ALL U17 and U20 track events up to 400m will use starting blocks.

# **SEEDING, LANE DRAWS & TRIALS**

Seeding and lane draws will be conducted according to the principle laid down in UKA Technical Rule 20 and will be based on Personal Bests that have been downloaded from P10. Lane draws will take place once athletes have registered for their event.

Qualifications and numbers of heats will change based on registered athletes for each event. If there are insufficient numbers in heats to scheduled second round finals will be at heat time, if three rounds are scheduled (heats, semi-final, final) and only enough athletes register for two rounds finals will be at second round (semi-final) time all athletes will be notified in the call room.

In all able-bodied field events (except High jump & Pole vault) all U20 & U17 athletes will get 3 trials with the top 8 getting an additional 3. If there are 8 or fewer athletes, all will receive 6 trials.

In para events all athletes will receive 6 trials in line with WPA rules.

U13 athletes will have three trials in all field events, except for High Jump

#### **PRESENTATIONS**

Presentations will take place as soon as possible after the event. Please note, **spectators will not be permitted access to the track/competition area during presentation ceremonies** and should remain in the stand to take photographs.

Presentations will be made to the top three athletes in the Welsh Championships. In the U20 competition, if a non-Welsh Athlete wins their event, they will be awarded a gold medal.

# **PROTESTS**

There will be no jury of appeal. Individual discipline referees will consider any relevant information available if a dispute is raised, to inform their decision.

# **CLEAN ATHLETICS**

For all athletes (and parents/guardians where the athlete is a minor), by entering these Championships, you are agreeing to abide by the following rule/statement:





'All entrants shall be deemed to have made him/herself familiar with and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules.

The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether or not the entrant is a citizen of, or resident in, the UK'.

To check the status of registered medicines, please visit <a href="www.globaldro.com">www.globaldro.com</a>. For information on the Clean Athletics programme, testing procedures and for a copy of the full UKA Anti-Doping rules, please visit <a href="www.uka.org.uk/cleanathletics">www.uka.org.uk/cleanathletics</a>. For general Clean Athletics queries, please contact <a href="mailto:enquiries@cleanathletics.org">enquiries@cleanathletics.org</a>.

#### **COMPETITION ORGANISATION**

The event is organised by Welsh Athletics.

The following Officials are responsible for each particular aspect of competition:

Competition Director – Nick Higman Meeting Manager – Martin Bell Technical Manager – Chris Berry Event Manager – Darran Williams Event Manager – Euan Coney

I would like to take this opportunity to wish you the best of luck in your endeavours this weekend. Yours sincerely,

**Welsh Athletics - Competitions**